

Trauma & Resilience Education for the Judicial System

Why Should the Judicial System Be Concerned About Trauma?

Trauma is prevalent across all court divisions, including criminal, civil, family, juvenile, and specialized courts such as veterans, drug, mental health, and early childhood courts.

Involvement with the courts often compounds existing trauma, perpetuating cycles of repeat offenses and multigenerational system involvement. Leading justice organizations are championing trauma-responsive approaches to create a more effective justice system.

How Will This Course Help?

Change in the justice system requires trauma education not only for judges, but for all key stakeholders, including lawyers, court personnel, prosecutors and defenders, advocates, child welfare professionals, and community providers. Designed for the entire judicial system, this course provides:

- ✓ **Practical application** of trauma science within into real-world judicial system.
- ✓ **Deeper understanding** of trauma and resilience across court settings.
- ✓ **Accountability & compassion:** Reduce recidivism and costs while promoting healing and stability.
- ✓ **Workforce well-being:** Manage vicarious trauma and prevent burnout with healthy coping strategies.

Why Choose FSU's Trauma & Resilience Course?

Florida State University, a leader in trauma science, offers this comprehensive online course to equip judicial professionals, court personnel, and key stakeholders with the latest trauma science and practical tools to support more trauma-responsive court practices.

Earn Continuing Education Credits: This course is approved for 12 CJE hours for members of the judiciary, including 2 ethics hours. Attorneys may earn 12 CLE credits, and CEUs are available for clinical social workers and mental health counselors.

Cost: \$149 for the course (**Waived for Floridians**)



"If we miss the trauma, we have missed the case, in how we handle it and how we help resolve it. Every Judge, attorney, and others involved in the legal system must be trauma informed and trauma responsive."

Retired Judge Jack Helinger, Florida 6th Circuit Family Court

"What a terrific presentation you all have put together! I am simply blown away with it! Being on the felony bench for 48 months certainly shines a painful light on how important this education is for our future generations."



Judge Teresa K. Dees, Florida 12th Circuit



"Groundbreaking and comprehensive —must be required for all Unified Family Court judges."

Judge Terrance Ketchel, Florida 1st Judicial Circuit



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