

Products

FSU Partners for a Healthy Baby Curriculum with English and Spanish Parent Handouts



Partners is a comprehensive parenting, early education, health and safety, and family empowerment curriculum. Accessible on desktops, laptops, tablets, and smartphones, it is designed for a wide range of family-serving professionals and programs. Partners provides research-based content to support expectant and parenting families, including over 670 colorful and engaging Parent Handouts that can be texted, emailed, or printed. Partners can be used during home visits, group socializations, parent conferences, support services, or family engagement activities.

"Let's Explore!" Developmental Activities with English and Spanish Parent Handouts



"Let's Explore!" is a collection of 35 interactive activities that encourage meaningful parent-child engagement. Each activity includes a Parent Handout that can be texted, emailed, or printed, making it easy for home visitors to guide families through the activity during visits. Used alongside the Partners curriculum, "Let's Explore!" reinforces research-based concepts and provides families with practical opportunities to build skills that support positive outcomes.

Finding the Gold Within: Overcoming Adversity and Trauma to Create a Happy Life with English and Spanish Handouts



Finding the Gold Within offers empowering insights into the capacity to bounce back from trauma and adversity, transforming setbacks into opportunities for growth. Based on the resiliency science, this inspiring 190-page guide uncovers 12 key factors that boost resilience, including discovering your heart's true desires and creating a personalized treasure map to achieve them; overcoming obstacles by replacing negative thoughts with optimistic ones; healing inner wounds through nurturing body and soul; building a supportive community; and cultivating mindfulness and meditation practices. The Handouts can be printed, texted, or emailed.

FSU 10 Components of Quality Care for Infants and Toddlers Tool



The FSU 10 Components Tool is strengths-based observation instrument used to identify a program's current strengths and determine a starting point to plan continuous quality improvement. It includes a set of Signs of Quality and Steps to Quality to use in quality improvement planning and a template for creating a customized Quality Improvement Plan.



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